

Parish Retreat Participant Guidelines

Dear Retreat Participant,

We are delighted that you will be joining us for the upcoming parish retreat. To ensure a fulfilling and enriching experience, please review the following guidelines:

1. Preparation

Arrive with an open heart and mind. You may consider reflecting on your spiritual journey prior to the retreat.

2. Participation

Engage actively in all sessions and activities. Your presence and input are valuable to the community.

3. Respect

Treat fellow participants and facilitators with kindness and respect. We are all here to learn and grow together.

4. Confidentiality

What is shared in group discussions should remain confidential to create a safe environment for sharing.

5. Punctuality

Please be on time for all scheduled activities to foster respect and commitment to the group.

6. Personal Items

Bring any personal items that will help you feel comfortable, such as a journal, books, and suitable clothing.

We look forward to sharing this transformative experience with you. Thank you for your cooperation.

Blessings,

The Retreat Team