

# Parish Retreat Packing List

Dear Retreat Participants,

We are excited to welcome you to our upcoming parish retreat! To ensure you have a comfortable and enjoyable experience, please find below a suggested packing list:

## Essential Items:

- Bible
- Notebook and Pen
- Personal toiletries (toothbrush, toothpaste, soap, etc.)
- Medications (if applicable)
- Sleeping Bag or Sheets
- Towel

## Clothing:

- Comfortable Clothes for Activities
- Warm Layers (sweaters, jackets)
- Comfortable Footwear (hiking shoes, sandals)
- Rain Gear (just in case!)
- Pajamas

## Optional Items:

- Musical Instruments (if you play)
- Reading Material
- Camera
- Favorite Snacks

We look forward to seeing you at the retreat and hope you have a transformative experience!

In Christ,  
[Your Parish Name]