

Guidelines for the Spiritual Support Group

Dear Participants,

Welcome to our Spiritual Support Group. In order to create a safe and nurturing environment, we ask that you adhere to the following guidelines:

1. Confidentiality

What is shared in the group stays in the group. Respect the privacy of fellow participants.

2. Respectful Listening

Allow everyone the opportunity to speak without interruptions. Listen actively and with compassion.

3. Open-Mindedness

Be open to different beliefs and experiences. Embrace diversity in thoughts and spirituality.

4. Supportive Interaction

Offer support and encouragement to others. Share insights gently and thoughtfully.

5. No Judgment

Practice non-judgmental attitudes. Everyone's journey is unique and valuable.

6. Commitment to Attendance

Make a commitment to attend regularly to foster trust and connections within the group.

Thank you for being a part of our community. We look forward to our time together.

Sincerely,
[Your Name]
Group Facilitator