

Dear [Referrer's Name],

I hope this message finds you well. I wanted to follow up regarding my application for the [Job Title] position at [Company Name], which I submitted on [Submission Date]. I am particularly excited about this opportunity and believe that my skills in [specific skill/experience relevant to the job] would be a great fit for the team.

If you have any insights about the status of my application or if there is someone else I should connect with regarding this position, I would greatly appreciate your guidance.

Thank you for your support and any help you can provide. I look forward to hearing from you soon!

Best regards,

[Your Name]

[Your Phone Number]

[Your Email Address]