## **Cease and Desist Letter**

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Debt Collector's Name] [Debt Collector's Company] [Company's Address] [City, State, Zip Code]

Dear [Debt Collector's Name],

I am writing to formally request that you cease and desist all communication and debt collection activities regarding the alleged debt referenced in your previous correspondence.

According to the Fair Debt Collection Practices Act, I am entitled to request that you stop all contact related to this matter. Please be aware that I dispute the validity of this debt and will not be making any payments until I have received adequate proof of the debt in question.

This communication serves as a notice that your request for payment and further attempts to collect this debt will be considered harassment, which may lead to legal action.

Please confirm in writing that you have received this cease and desist request and that you will comply accordingly.

Thank you for your immediate attention to this matter.

Sincerely,

[Your Name]