

# Cease and Desist Letter

Date: [Insert Date]

[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Phone Number]

[Debt Collector's Name]

[Debt Collector's Company Name]

[Debt Collector's Address]

[City, State, Zip Code]

Dear [Debt Collector's Name],

Re: Account Number [Insert Account Number]

I am writing to formally request that you cease and desist all communication regarding the alleged debt that you claim I owe. Under the Fair Debt Collection Practices Act (FDCPA), I am exercising my right to demand that you stop all contact with me.

Any further communication must be made in writing and should be sent directly to my address listed above. Failure to comply with this request will result in a complaint being filed with the appropriate regulatory authorities.

Please ensure that all actions regarding this matter are in accordance with the law.

Sincerely,

[Your Signature (if sending a hard copy)]

[Your Printed Name]