

Blood Pressure Monitoring Reminder

Dear [Patient's Name],

This is a friendly reminder to monitor your blood pressure as part of your telehealth services. Regular monitoring is essential for managing your health effectively.

Please take your blood pressure readings as instructed and log them in your patient portal. If you have any questions or concerns, feel free to reach out to your healthcare provider.

Your health is our priority!

Best regards,

[Your Healthcare Provider's Name]

[Your Healthcare Facility's Name]

[Contact Information]