

Dear Caregiver,

This is a friendly reminder to monitor the blood pressure of our elderly residents regularly. Maintaining optimal blood pressure levels is crucial for their overall health and well-being.

Monitoring Schedule:

- Morning: 8:00 AM
- Afternoon: 2:00 PM
- Evening: 6:00 PM

Important Notes:

- Please record the readings in the resident's health log.
- Report any readings outside the normal range to the supervising nurse.

Thank you for your continued dedication to the care of our residents.

Sincerely,
[Your Facility Name]