

Pre-Appointment Instructions for Kidney Function Tests

Dear [Patient's Name],

We are writing to inform you of the necessary steps to prepare for your upcoming kidney function tests scheduled on [Appointment Date]. Please follow the instructions below to ensure accurate results:

Instructions:

- Please fast for at least 8 hours before your appointment. Water is allowed.
- Inform your healthcare provider of any medications you are currently taking, as some may affect test results.
- Avoid strenuous exercise for 24 hours prior to the tests.
- Bring a list of your current medications and any medical history relevant to kidney health.

If you have any questions or concerns, please do not hesitate to contact our office at [Office Phone Number].

Thank you for your attention to these instructions. We look forward to seeing you on [Appointment Date].

Sincerely,

[Your Name]

[Your Title]

[Your Clinic/Hospital Name]

[Contact Information]