

Pre-operative Instructions for Gallbladder Surgery

Dear [Patient's Name],

As you prepare for your upcoming gallbladder surgery on [Date], please follow these important pre-operative instructions:

Dietary Instructions

- Follow a low-fat diet starting [number] days before surgery.
- Avoid solid food after [specific time] the day before your surgery.
- You may have clear liquids (water, broth, clear juices) until [specific time] before your surgery.

Medications

- Do not take any blood thinners (e.g., aspirin, warfarin) for [number] days prior to surgery.
- Continue taking your regular medications for chronic conditions unless otherwise instructed.

Day of Surgery

- Arrive at the hospital by [time].
- Bring a list of your current medications and allergies.
- You will need someone to drive you home after the procedure.

Contacts

For any questions or concerns, please contact our office at [phone number] or [email address].

We wish you the best for your surgery and a smooth recovery.

Sincerely,

[Your Doctor's Name]

[Your Practice's Name]

[Office Contact Information]