

# Stroke Recovery Milestones Achieved

Date: **[Insert Date]**

Dear **[Recipient's Name]**,

I am writing to share the recent milestones achieved in my stroke recovery journey:

- **Week 1:** Regained movement in right arm.
- **Week 2:** Started physical therapy sessions.
- **Week 4:** Improved walking ability with assistance.
- **Week 6:** Completed speech therapy and improved communication.
- **Week 8:** Independence in daily activities.

Each milestone marks a significant step in my recovery, and I am grateful for the support I've received throughout this journey.

Thank you for your continued encouragement and support.

Sincerely,

**[Your Name]**