Hearing Aid Fitting Instructions

Dear [Patient's Name],

We are pleased to inform you that your hearing aids have been fitted successfully. Below are the instructions to help you get accustomed to your new hearing aids:

1. Insertion and Removal

To insert your hearing aid, follow these steps:

- Hold your hearing aid by the plastic case.
- Gently lift the outer ear and insert the hearing aid into the ear canal.
- Ensure the device fits snugly and comfortably.

To remove, gently pull on the plastic case while tilting the hearing aid outwards.

2. Daily Maintenance

It is important to keep your hearing aids clean:

- Use a soft, dry cloth to wipe the exterior.
- Avoid getting the device wet; remove before showering or swimming.
- Inspect for earwax buildup and clean as necessary.

3. Battery Care

To ensure optimal performance:

- Turn off your hearing aids when not in use.
- Store batteries in a cool, dry place.
- Replace batteries as indicated on the device or as needed.

4. Adjusting Volume

Your hearing aids may have adjustable volume:

- Familiarize yourself with the volume control location.
- Start with a low setting and increase gradually for comfort.

5. Follow-Up Appointment

Please schedule a follow-up appointment in [insert time frame] to discuss your experience and make any necessary adjustments.

If you have any questions or concerns, feel free to contact our office at [insert contact number].

Sincerely,

[Your Name]
[Your Title]
[Clinic Name]
[Contact Information]