

Scheduling Your Prenatal Nutrition Education Session

Dear [Recipient's Name],

We are pleased to invite you to a prenatal nutrition education session designed to help you nourish yourself and your baby during this special time. This session will provide valuable information on healthy eating, meal planning, and essential nutrients for pregnancy.

Details of the Session:

- **Date:** [Insert Date]
- **Time:** [Insert Time]
- **Location:** [Insert Location]

Please confirm your availability by [insert RSVP date]. If you have any dietary restrictions or specific topics you would like us to cover, feel free to let us know.

Looking forward to seeing you!

Best regards,
[Your Name]
[Your Title]
[Your Organization]
[Your Contact Information]