

Welcome to Your Introductory Prenatal Nutrition Appointment

Dear [Client's Name],

Thank you for scheduling your introductory prenatal nutrition appointment with us. We are excited to support you during this important time in your life.

Your appointment is set for:

- **Date:** [Appointment Date]
- **Time:** [Appointment Time]
- **Location:** [Office Address]

During this session, we will discuss your nutritional needs throughout your pregnancy, creating a personalized meal plan, and answering any questions you may have.

Please bring along any relevant medical records, a list of medications, and any previous dietary plans you've followed.

If you have any questions or need to reschedule, feel free to reach out to us at [Phone Number] or [Email Address].

We look forward to meeting you soon!

Best regards,

[Your Name]

[Your Title]

[Your Practice Name]

[Contact Information]