

Advanced Care Directive Family Discussion

Date: [Insert Date]

Dear [Family Member's Name],

I hope this message finds you well. I wanted to take some time to discuss my advanced care directive and the importance of our family's involvement in these decisions.

As you know, an advanced care directive outlines my preferences for medical treatment in the event that I am unable to communicate my wishes. It is essential that we have an open conversation about this to ensure that my wishes are understood and respected.

Here are some key points I would like to discuss:

- The types of medical interventions I would like or prefer to avoid.
- My goals for quality of life and what that means to me.
- Who I would like to make decisions on my behalf if I am unable to do so.
- The importance of family members being aware of my wishes.

Please let me know when you would be available to sit down for this important conversation. I believe it is crucial for us to be aligned and ensure that my healthcare choices reflect my values and preferences.

Thank you for your attention to this matter. I look forward to hearing from you soon.

Warm regards,

[Your Name]