

Mental Wellbeing Assessment Appointment

Date: [Insert Date]

Dear [Recipient's Name],

We hope this message finds you well. We would like to schedule a mental wellbeing assessment appointment for you to discuss your mental health concerns and explore support options.

Please let us know your availability for the following dates and times:

- [Option 1: Date and Time]
- [Option 2: Date and Time]
- [Option 3: Date and Time]

If none of these options work for you, feel free to suggest alternative dates and times that are more convenient.

We value your wellbeing and look forward to assisting you.

Best regards,

[Your Name]

[Your Position]

[Your Organization]

[Contact Information]