

Motivation Letter for Rehabilitation

Date: [Insert Date]

To Whom It May Concern,

I am writing this letter to express my strong motivation to enter a rehabilitation program. My name is [Your Name], and I have been struggling with [mention specific issues, e.g., substance abuse, addiction, etc.]. Over the past [insert duration], I have come to realize that my behavior has negatively impacted my life and the lives of those around me.

After much contemplation and support from my loved ones, I am determined to take this crucial step towards recovery. I believe that entering a rehabilitation program is essential for my personal growth and recovery journey.

I understand that this process will be challenging, but I am fully committed to facing these challenges head-on. I am eager to learn coping strategies and gain the tools necessary to lead a healthier and more fulfilling life.

Thank you for considering my application. I am hopeful for the opportunity to start this transformative journey towards recovery.

Sincerely,

[Your Name]

[Your Contact Information]