[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Physical Therapy Center Name]
[Center Address]
[City, State, Zip Code]
Dear [Physical Therapist's Name/Receptionist],

I hope this message finds you well. I am writing to request a rescheduling of my physical therapy appointment originally scheduled for [original date and time]. Due to [brief reason for rescheduling, e.g., a scheduling conflict, illness], I am unable to attend at that time.

I would greatly appreciate it if we could find a new date and time for my appointment. I am available on [provide two or three alternative dates and times], but I am open to any other available slots that you may have.

Thank you for your understanding and assistance in this matter. I look forward to your prompt reply.

Sincerely,

[Your Name]