

Dear [Patient's Name],

We are looking forward to your upcoming prenatal care appointment scheduled for [Date] at [Time]. To ensure you are fully prepared, please follow the guidelines below:

1. Bring Your Health Records

Make sure to bring any previous medical records, including ultrasound results and lab work.

2. List of Questions

Prepare a list of questions or concerns you would like to discuss with your healthcare provider.

3. Medication

Bring a list of any medications or supplements you are currently taking.

4. Comfortable Clothing

Wear comfortable clothing that allows easy access for examination.

5. Support Person

If desired, bring a support person to accompany you during your visit.

We appreciate your cooperation and look forward to seeing you soon!

Sincerely,

[Your Practice Name]

[Contact Information]