

# Follow-up Appointment Request

Dear [Dietitian's Name],

I hope this message finds you well. I am writing to follow up on my previous appointment on [Date of Previous Appointment]. I wanted to discuss my progress and any adjustments that may be necessary for my dietary plan.

Please let me know your available times for a follow-up appointment. I am eager to continue working towards my goals with your guidance.

Thank you for your assistance.

Sincerely,  
[Your Name]  
[Your Contact Information]