

Behavioral Health Progress Note

Date: [Insert Date]

Client Name: [Insert Client Name]

Client ID: [Insert Client ID]

Therapist Name: [Insert Therapist Name]

Session Number: [Insert Session Number]

Presenting Issues

[Briefly describe the issues discussed in the session.]

Session Goals

[List the goals set for this session.]

Interventions Used

[Describe the techniques or interventions utilized during the session.]

Client Progress

[Detail the progress made by the client toward their goals.]

Next Steps

[Outline the plan for the next session or future recommendations.]

Signature

[Therapist Signature]