# **Orthopedic Follow-Up Consultation**

Date: [Insert Date]

**Patient Name:** [Insert Patient Name]

Patient ID: [Insert Patient ID]

**Address:** [Insert Patient Address]

# **Consultation Summary**

Dear [Patient Name],

Thank you for attending your follow-up appointment regarding your chronic arthritis management. During our consultation, we discussed your current symptoms, treatment plan, and any concerns you may have.

## **Findings**

Your current presentation indicates:

- Joint pain severity: [Insert severity]
- Range of motion: [Insert findings]
- Swelling: [Insert findings]

# **Management Plan**

Based on our discussion, the following management plan has been recommended:

- 1. Continue prescribed medication: [Insert medication details]
- 2. Physical therapy sessions: [Insert frequency and duration]
- 3. Follow-up appointment in: [Insert duration]

#### **Patient Education**

Please ensure to maintain a healthy lifestyle, including regular exercise and a balanced diet. Additionally, monitor your symptoms and report any significant changes.

## **Next Steps**

For prescription refills or to schedule your next appointment, please contact our office at [Insert contact number].

Best regards,

[Your Name]
[Your Title]
[Your Clinic/Office Name]
[Contact Information]