

Surgical Procedure Preparation Guidelines

Date: [Insert Date]

Patient Name: [Insert Patient Name]

Procedure: [Insert Procedure Name]

Preparation Checklist

- **Prior to the Procedure:**
 - Consult with your physician regarding medications.
 - Follow fasting instructions (usually 8 hours before surgery).
 - Discuss any allergies or prior reactions to anesthesia.
- **Day of Surgery:**
 - Arrive at the facility at least [Insert Time] before the scheduled procedure.
 - Wear comfortable clothing and avoid jewelry.
 - Bring necessary identification and insurance information.
- **Post-Procedure Care:**
 - Arrange for a responsible adult to drive you home.
 - Follow discharge instructions carefully.
 - Schedule a follow-up appointment, if necessary.

Contact Information

If you have any questions, please contact us at:

[Insert Phone Number]

[Insert Email Address]

Thank you for your attention to these guidelines.

Sincerely,

[Your Name]

[Your Title]

[Your Institution]