

# Dear [Patient's Name],

This is a reminder for your upcoming surgery scheduled on [Date] at [Time]. Please review the following preparation guidelines to ensure a successful procedure.

## Preparation Guidelines:

- Do not eat or drink anything after midnight prior to your surgery.
- Take any prescribed medications with a small sip of water, unless advised otherwise.
- Arrange for someone to drive you home after the procedure.
- Wear comfortable, loose-fitting clothing on the day of surgery.
- Remove all jewelry and piercings before arriving.
- If you develop any cold symptoms or other health issues, please contact our office immediately.

If you have any questions or concerns, feel free to reach out to us at [Phone Number] or [Email Address].

Thank you for your attention to these details. We wish you a smooth surgery and a speedy recovery.

Sincerely,

[Your Name]

[Your Position]

[Your Clinic/Hospital Name]