

Instructions for Surgery Day Preparation

Dear [Patient's Name],

As your surgery date approaches, please follow these important instructions to ensure a smooth process:

1. Eating and Drinking

- Do not eat or drink anything after midnight the night before your surgery.
- If you take medications, consult your doctor regarding which ones to take and whether to take them with water.

2. Medications

- Bring all your current medications to the surgery center.
- If you are on blood thinners or any specific medications, inform your doctor ahead of time.

3. Arrival Time

- Please arrive at the surgery center at least [insert time] prior to your scheduled surgery time.

4. Attire

- Wear comfortable clothing and avoid jewelry.
- Leave valuables at home.

5. Transportation

- Arrange for a responsible adult to drive you home after the surgery, as you may be under anesthesia.

6. Post-Operative Care

- Follow up with your doctor regarding post-operative care, including pain management and activity restrictions.

Thank you for your attention to these important details. If you have any questions, please do not hesitate to contact our office.

Sincerely,
[Your Doctor's Name]
[Surgery Center Name]