To [Specialist's Name]

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
Date: [Insert Date]
Subject: Concern Regarding Medication Side Effects
Dear [Specialist's Name],
I hope this message finds you well. I am writing to express my concerns regarding the side effects I have been experiencing from the medication prescribed during my last visit.
Since I began taking [Medication Name] on [Start Date], I have noticed the following side effects:
 [Side Effect 1] [Side Effect 2] [Side Effect 3]
These side effects have significantly impacted my daily life, and I believe it is important to discuss possible alternatives or adjustments to my treatment plan.
I would greatly appreciate your guidance on how to proceed and if we can schedule a follow-up appointment at your earliest convenience.
Thank you for your attention to this matter.
Sincerely,
[Your Name]