Dear [Editor's Name],

I hope this message finds you well. I am writing to inquire about the status of my manuscript titled "[Manuscript Title]" (Manuscript ID: [ID Number]), submitted on [Submission Date].

As it has been [number of weeks/months] since submission, I would greatly appreciate any updates regarding the review process and anticipated timeline for a decision.

Thank you for your attention to this matter. I look forward to your response.

Sincerely, [Your Name] [Your Affiliation] [Your Contact Information]