Dear [Editor's Name],

I hope this message finds you well. I am writing to inquire about the current status of my manuscript titled "[Manuscript Title]", submitted on [Submission Date].

It has been [number of weeks/months] since the submission, and I would greatly appreciate any updates regarding the evaluation process.

Thank you for your attention to this matter. I look forward to your response.

Sincerely,
[Your Name]
[Your Affiliation]
[Your Email Address]