Dear Family,

I hope this message finds you well. I am writing to inform you about my upcoming medical procedure scheduled for [Date] at [Time].

Procedure Details

The procedure is called [**Procedure Name**], and it will take place at [**Hospital/Clinic Name**]. The attending physician will be [**Doctor's Name**].

Preparation

I am required to [any specific preparation instructions, e.g., fasting, medication adjustments].

Post-Procedure Care

After the procedure, I will need rest for [Number of Days] and may require assistance with [specific activities].

Contact Information

If you have any questions, please feel free to reach out to me or [**Doctor's Contact Information**].

Thank you for your support and understanding.

Warm regards,

[Your Name]