Dear Family,

I hope this message finds you well. I am writing to inform you of my upcoming surgery scheduled for **[Date]** at **[Location]**.

The procedure, which is necessary for my health, is expected to take approximately [**Duration**]. I will be under the care of [**Surgeon's Name**], a specialist in [**Specialty**].

Please rest assured that I will be in good hands and am following all medical advice closely. I will do my best to keep you updated on my progress and recovery.

Thank you for your love and support during this time. I appreciate it more than words can express.

Warm regards,

[Your Name]

[Your Contact Information]