

# ADA Accommodation Request for Neurodiversity Support

Date: [Insert Date]

[Recipient's Name]

[Company/Organization Name]

[Company Address]

[City, State, Zip Code]

Dear [Recipient's Name],

I am writing to formally request accommodations under the Americans with Disabilities Act (ADA) due to my neurodiversity. As you may be aware, neurodiverse individuals may experience unique challenges in the workplace, which can significantly impact their performance and well-being.

Specifically, I am requesting the following accommodations to help me perform my job to the best of my ability:

- [Specify Accommodation 1]
- [Specify Accommodation 2]
- [Specify Accommodation 3]

These accommodations will help facilitate my typical day-to-day activities and enhance my overall productivity. I am happy to discuss this request in further detail and provide any necessary documentation to support my case.

Thank you for considering my request. I look forward to your positive response.

Sincerely,

[Your Name]

[Your Job Title]

[Your Contact Information]