

Follow-Up Procedure Letter

Date: [Insert Date]

To: [Recipient's Name]

[Recipient's Address]

[City, State, Zip Code]

Dear [Recipient's Name],

We hope this message finds you well. This letter serves as a follow-up regarding the recent mental health crisis you experienced on [insert date of crisis]. Your well-being is important to us, and we want to ensure you are receiving the necessary support and resources.

Follow-Up Steps:

1. Schedule a follow-up appointment with your mental health professional.
2. Review the safety plan developed during the crisis intervention.
3. Utilize available resources such as hotline numbers and support groups.
4. Engage in self-care activities that promote mental wellness.

Please feel free to reach out to us if you have any questions or need further assistance. Your mental health is our priority, and we are here to support you.

Warm regards,

[Your Name]

[Your Position]

[Organization Name]

[Contact Information]