

You're Invited!

Dear [Name],

We are pleased to invite you to join our Menopausal Symptom Support Group. This group provides a safe and supportive environment for women to share their experiences and coping strategies related to menopause.

Details of the first meeting:

- **Date:** [Date]
- **Time:** [Time]
- **Location:** [Location]

We hope to foster meaningful conversations and build a supportive community. Whether you are experiencing symptoms or just want to learn more, your presence would be invaluable.

Please RSVP by [RSVP Date] to [Contact Information].

Looking forward to your participation!

Sincerely,

[Your Name]

[Your Title/Organization]