

# Outpatient Surgical Procedure Instructions

Date: [Insert Date]

Patient Name: [Insert Patient Name]

Procedure: [Insert Procedure Name]

## Before the Procedure

- Please do not eat or drink anything after midnight prior to your surgery.
- Arrange for a responsible adult to accompany you and drive you home.
- Do not take any blood-thinning medications without consulting your doctor.
- Wear loose-fitting clothing on the day of your procedure.

## Day of the Procedure

Arrive at the outpatient center at least [Insert Arrival Time] before your scheduled procedure time.

Bring the following items with you:

- ID and insurance card
- List of current medications
- Any necessary paperwork

## After the Procedure

You will be monitored for a short period after the procedure. Please follow these instructions:

- Resume normal activities as advised by your doctor.
- Do not drive or operate heavy machinery for at least 24 hours.
- Take prescribed medications as directed.
- If you experience any unusual symptoms, contact our office immediately.

If you have any questions or concerns, please do not hesitate to contact our office at [Insert Phone Number].

Sincerely,

[Your Name]

[Your Title]

[Your Practice Name]