

Outpatient Surgery Pre-operative Instructions

Dear [Patient's Name],

We are pleased to inform you about your upcoming outpatient surgery scheduled for [Date] at [Time]. To ensure a smooth procedure and recovery, please follow the pre-operative instructions below:

Pre-operative Instructions

1. **Fasting:** Do not eat or drink anything after midnight the day before your surgery, unless instructed otherwise.
2. **Medications:** Please discuss any medications you are taking with your physician. Certain medications may need to be adjusted or temporarily stopped.
3. **Clothing:** Wear loose-fitting, comfortable clothing on the day of surgery. Avoid jewelry and makeup.
4. **Transportation:** Arrange for someone to accompany you to the surgery and take you home afterward.
5. **Post-operative Care:** Follow specific post-operative instructions provided to you at the time of your visit.

If you have any questions or concerns, please do not hesitate to contact our office at [Phone Number].

We appreciate your cooperation and look forward to assisting you.

Sincerely,
[Your Name]
[Your Title]
[Healthcare Facility Name]