

Outpatient Surgery Guidelines for Patients

Dear [Patient's Name],

Thank you for choosing [Facility Name] for your upcoming outpatient surgery. We are committed to providing you with the highest quality care. Below are important guidelines to prepare for your procedure:

Before Surgery

- Schedule a pre-operative appointment at least one week prior to your surgery.
- Discuss your medical history and medications with your physician.
- Avoid eating or drinking anything after midnight the night before your surgery.
- Arrange for someone to accompany you and take you home after the procedure.

Day of Surgery

- Arrive at least [X hours] before your scheduled surgery time.
- Wear loose, comfortable clothing and leave valuables at home.
- Bring your insurance information and identification with you.

After Surgery

- Follow all post-operative care instructions provided by your physician.
- Take medications as prescribed and manage your pain as advised.
- Contact our office if you notice any unusual symptoms or complications.

If you have any questions or concerns, please do not hesitate to contact our office at [Phone Number]. We wish you a smooth and successful surgery.

Sincerely,
[Your Name]
[Your Position]
[Facility Name]