

Request for Dietary Consultation

Dear [Dietitian's Name],

I hope this message finds you well. My name is [Your Name], and I am seeking a personal dietary consultation to help guide my nutrition choices. I have specific goals in mind, including [briefly describe your goals, e.g., weight loss, managing a health condition, improving overall wellness, etc.].

Could you kindly let me know your availability for scheduling a consultation? I am flexible with dates and times, and I can adjust to fit your schedule. Ideally, I would prefer to meet [mention any preferred days or times].

Thank you for your attention, and I look forward to hearing back from you soon.

Sincerely,
[Your Name]
[Your Contact Information]