

Inquiry for Mental Health Resources

Date: [Insert Date]

[Your Name]

[Your Address]

[City, State, Zip Code]

[Your Email]

[Your Phone Number]

[Recipient's Name]

[Recipient's Title]

[Organization Name]

[Organization Address]

[City, State, Zip Code]

Dear [Recipient's Name],

I hope this message finds you well. My name is [Your Name], and I am seeking information regarding the availability of mental health resources in our community.

Specifically, I am interested in knowing about:

- Access to counseling services
- Support groups for individuals facing mental health challenges
- Emergency mental health support options
- Educational programs or workshops focused on mental health awareness

Your assistance in providing this information would be greatly appreciated, as it would help enhance the support available for those in need.

Thank you for your attention to this matter. I look forward to your prompt response.

Sincerely,

[Your Name]