

Recovery Recommendations Following Root Canal Treatment

Dear [Patient's Name],

We hope this letter finds you well. Following your recent root canal treatment, we want to provide you with some important recovery recommendations to ensure a smooth healing process.

Post-Treatment Care Instructions:

- Avoid chewing on the treated tooth until it has been fully restored.
- Take prescribed medications as directed to manage pain and prevent infection.
- Apply a cold compress to the outside of your face for 15-20 minutes to reduce swelling.
- Maintain oral hygiene by gently brushing and flossing but avoid the treated area for the first 24 hours.
- Drink plenty of fluids and stick to a soft diet for the first few days.

When to Contact Us:

Please reach out to our office if you experience:

- Severe pain that does not improve with medication.
- Swelling that worsens after 48 hours.
- Persistent bleeding from the site.
- Fever or chills.

Thank you for trusting us with your dental care. We wish you a smooth recovery!

Sincerely,

[Your Dentist's Name]

[Dental Office Name]

[Contact Information]