

Invitation to Psychotherapy Session

Dear [Client's Name],

We are pleased to invite you to attend a psychotherapy session designed to support your personal growth and mental wellbeing.

Date: [Date]

Time: [Time]

Location: [Location]

This session will provide a safe space for you to explore your feelings and experiences. Your participation is important, and we look forward to assisting you on your journey.

Please confirm your attendance by [RSVP Date].

Warm regards,

[Your Name]

[Your Title]

[Your Contact Information]