

Invitation for Individual Therapy

Dear [Client's Name],

We are pleased to invite you to participate in individual therapy sessions designed to support your emotional and mental well-being. Our aim is to provide a safe and confidential space for you to explore your thoughts and feelings.

Details of the Therapy Sessions:

- **Location:** [Therapy Office/Virtual Platform]
- **Date:** [Start Date]
- **Time:** [Time]
- **Duration:** [Duration of Sessions]

Please confirm your attendance by [RSVP Date]. If you have any questions or need to discuss financial arrangements, do not hesitate to contact us.

We look forward to supporting you on your journey towards healing.

Warm Regards,

[Your Name]

[Your Title]

[Organization Name]

[Contact Information]