

# Workplace Health Absence Notice

Date: [Insert Date]

To: [Manager's Name]

From: [Your Name]

Subject: Workplace Health Absence Notice

Dear [Manager's Name],

I am writing to inform you that I am unable to attend work due to health issues. I have been feeling unwell and have consulted with my healthcare provider. They have advised me to take some time off to recover.

I expect to return to work on [Insert Return Date], and I will keep you updated on my progress. Please let me know if you need any additional information regarding my absence.

Thank you for your understanding.

Best regards,

[Your Name]

[Your Job Title]

[Your Contact Information]