Request for Referral for Couples Counseling

Date: [Insert Date]

Dear [Recipient's Name],

I hope this message finds you well. I am writing to formally request a referral for couples counseling. My partner and I have been experiencing challenges in our relationship, and we believe that professional guidance could be beneficial in helping us communicate and resolve our issues effectively.

We would appreciate any recommendations for qualified therapists or counseling services that specialize in couples therapy. If possible, it would be helpful to receive information regarding their availability and any specific requirements for the referral process.

Thank you for your attention to this matter. We look forward to your prompt response, as we are eager to seek support.

Sincerely,

[Your Name]

[Your Contact Information]