

Appeal for Financial Support

Date: [Insert Date]

[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Phone Number]

To Whom It May Concern,

I am writing to formally appeal for financial support to access essential mental health services. Due to [briefly explain your situation, e.g., a recent diagnosis, job loss, etc.], I am experiencing significant emotional distress that is impacting my daily life.

Despite my efforts to seek help, the costs associated with therapy and treatment are beyond my current financial capabilities. I am committed to improving my mental health and well-being, and I believe that with proper support, I can [mention your goals, e.g., return to work, improve relationships, etc.].

I kindly request [insert specific amount or type of support needed], which would greatly assist me in accessing the necessary services. I am willing to provide any additional information or documentation required to support my appeal.

Thank you for considering my request for financial assistance. I look forward to your positive response.

Sincerely,

[Your Signature (if sending a hard copy)]

[Your Printed Name]