## **Confidentiality Release Statement**

Date: [Insert Date]
To whom it may concern,
I, [Your Name], hereby authorize the release of confidential information regarding my [medical, financial, legal, etc.] records to [Recipient's Name/Organization].
This release is made in accordance with applicable laws and regulations and is intended for the purposes of [state purpose, e.g., evaluation, treatment, etc.].
I understand that this information may include sensitive details and I am providing my consent willingly.
Signature:
Name: [Your Name]
Contact Information: [Your Phone Number / Email]
Thank you for your attention to this matter.
Sincerely,
[Your Name]