

Join Us as a Mental Wellness Volunteer!

Dear [Recipient's Name],

We are excited to announce our upcoming Mental Wellness Workshops aimed at promoting mental health awareness and support within our community. We are seeking passionate volunteers to help facilitate these important sessions.

What We Are Looking For:

- Individuals with a background in psychology, counseling, or social work.
- Strong communication and interpersonal skills.
- A commitment to mental wellness and community service.

Volunteer Responsibilities:

- Assist in planning and organizing workshops.
- Facilitate discussions and activities during sessions.
- Provide support and resources to participants.

Workshop Details:

Date: [Insert Date]

Time: [Insert Time]

Location: [Insert Location]

If you are interested in making a difference and would like to volunteer, please contact us at [Insert Contact Information] by [Insert Deadline Date].

Thank you for your interest in supporting mental wellness in our community!

Sincerely,

[Your Name]

[Your Position]

[Organization Name]