Dear [Volunteer Name],

We hope this message finds you well. As a valued volunteer in our Mental Wellness Programs, your feedback is crucial in helping us improve and enhance our offerings.

We kindly ask you to take a few moments to share your thoughts and experiences regarding the program. Specifically, we would love to hear your insights on:

- The effectiveness of the training provided
- Your interaction with participants
- Areas for improvement
- Any additional support you believe would be beneficial

Please reply to this email or fill out the attached feedback form by [insert deadline]. Your feedback is invaluable to us and will greatly assist in shaping our future programs.

Thank you for your continued commitment and support!

Sincerely,
[Your Name]
[Your Position]
[Organization Name]
[Contact Information]