

# Private Training Sessions Agreement

Date: [Enter Date]

To: [Client's Name]

Address: [Client's Address]

Dear [Client's Name],

This letter serves as a formal agreement between [Trainer's Name] ("Trainer") and [Client's Name] ("Client") for private training sessions.

## 1. Description of Services

The Trainer agrees to provide private training sessions focusing on [specific areas of fitness or training] as discussed.

## 2. Schedule and Location

Sessions will be held on [days of the week] at [location] at [time].

## 3. Fees

The Client agrees to pay [fee structure] for each session, payable [payment method and schedule].

## 4. Cancellation Policy

Cancellations must be made [number of hours/days] in advance to avoid being charged for the session.

## 5. Agreement Duration

This agreement will begin on [start date] and will continue until [end date or conditions for termination].

By signing below, both parties agree to the terms laid out in this agreement.

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[Trainer's Name]

Trainer

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[Client's Name]

Client

Date: \_\_\_\_\_