

Consent for Personal Data Exchange

Date: [Insert Date]

To whom it may concern,

My name is [Your Name], and I am writing to give consent for the exchange of my personal data as specified below:

Details of Personal Data:

- Name: [Your Name]
- Email: [Your Email]
- Phone Number: [Your Phone Number]
- Address: [Your Address]

I understand that my personal data will be shared with [Name of the Receiving Party] for the purpose of [Specify Purpose of Data Exchange].

I hereby give my consent for this exchange and understand that I can withdraw my consent at any time by contacting [Contact Information].

Thank you.

Sincerely,

[Your Signature]

[Your Printed Name]