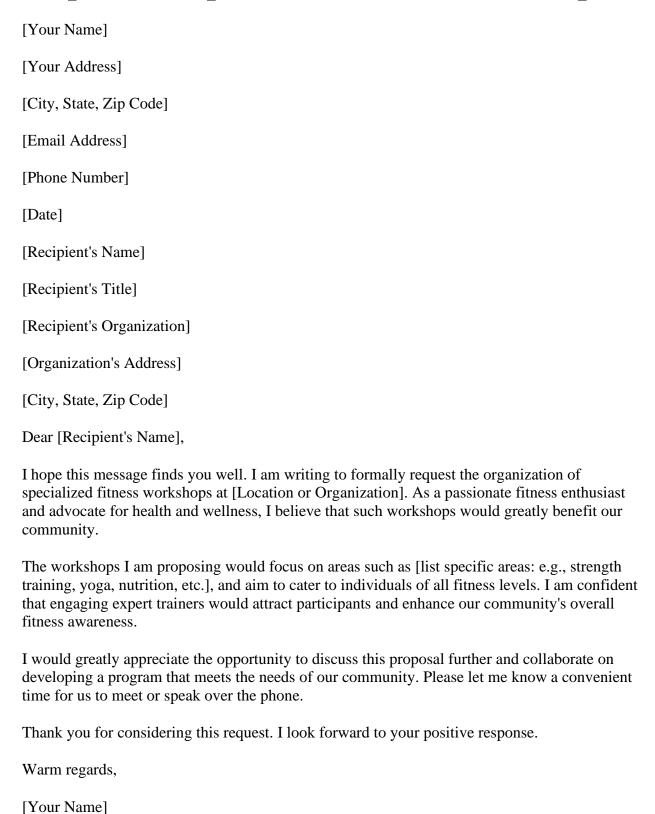
## **Request for Specialized Fitness Workshops**



[Your Title/Position, if applicable]